Parents/guardians, please review and adhere to all of the following rules.

- Before participation, you must complete the Swimming Program Athlete Application for your athlete(s).

- Every athlete must have an up-to-date medical that has been signed by his/her physician. A medical is effective for up to three (3) years from the date that is was signed by a doctor. Parents/guardians should keep the original medical and turn in a copy to the head coach at each swimming location. This rule applies for all SOGM programs.

- All athletes must be picked up no later than **fifteen (15)** minutes after the end of each practice.

- Spectators are not allowed to use any equipment at the host facilities (i.e. free weights, treadmills, etc.).

- If inclement weather were to happen, please check your email, Facebook, Twitter, and the SOGM website. We will post information on all four.

- An athlete can be suspended or expelled at any time for conduct that is not in the best interest or well-being of others involved in the program. This decision will be made by the Director of Special Olympics Greater Memphis (Lisa Taylor) and the swim coaches.

The calendars for all SOGM programs can be found online at www.specialolympicsmem.org.

To stay up-to-date on all SOGM activities, “like” Special Olympics of Greater Memphis on Facebook and follow @SpecOlymMemphis on Twitter.

For more information regarding the Special Olympics Greater Memphis contact:
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