



**Virtual Programs
Workouts/Cooking /Bingo
February - May 2024**

Dates	Class	Time
Mon, Feb 19th	Workout	9:00 AM
Wed, Feb 21st	Workout	9:00 AM
Wed, Feb 21st	Bingo	5:30 PM
Mon, Feb 26th	Workout	9:00 AM
Wed, Feb 28th	Workout	9:00 AM
Mon, Mar 4th	Workout	9:00 AM
Wed, Mar 6th	Workout	9:00 AM
Mon, Mar 11th	Workout	9:00 AM
Wed, Mar 13th	Workout	9:00 AM
Wed, Mar 13th	Cooking Class	5:30 PM
Mon, Mar 18th	Workout	9:00 AM
Wed, Mar 20th	Workout	9:00 AM
Mon, Mar 25th	Workout	9:00 AM
Wed, Mar 27th	Workout	9:00 AM
Mon, Apr 1st	Workout	9:00 AM
Mon, Apr 1st	Bingo	5:30 PM
Wed, Apr 3rd	Workout	9:00 AM
Mon, Apr 8th	Workout	9:00 AM
Wed, Apr 10th	Workout	9:00 AM
Mon, Apr 15th	Workout	9:00 AM
Wed, Apr 17th	Workout	9:00 AM
Mon, Apr 22nd	Workout	9:00 AM
Wed, Apr 24th	Workout	9:00 AM
Mon, Apr 29th	Workout	9:00 AM
Mon, Apr 29th	Cooking Class	5:30 PM
Wed, May 1st	Workout	9:00 AM
Mon, May 6th	Workout	9:00 AM
Wed, May 8th	Workout	9:00 AM
Mon, May 13th	Workout	9:00 AM
Wed, May 15th	Workout	9:00 AM
Mon, May 20th	Workout	9:00 AM
Wed, May 22nd	Workout	9:00 AM
Mon, May 27th	NO WORKOUT	
Wed, May 29th	Workout	9:00 AM
Wed, May 29th	Bingo	5:30 PM