

## SECTION A – ATHLETE HEALTH INFORMATION

*\*to be filled out by Athlete, Parent or Guardian\**

Area Program \_\_\_\_\_ Sex/Gender  M  F  
 Athlete Name \_\_\_\_\_ Date of Birth (month, day, year) \_\_\_\_\_  
 Address \_\_\_\_\_  
 Address 2 \_\_\_\_\_ Phone: \_\_\_\_\_  
 City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ Email: \_\_\_\_\_

Health/Insurance Co. \_\_\_\_\_ Policy # \_\_\_\_\_

I am my own guardian:  Yes  No  Not sure

1. Heart Disease/Heart Defect/High Blood Pressure	<input type="checkbox"/> Yes <input type="checkbox"/> No	11. Impaired motor ability	<input type="checkbox"/> Yes <input type="checkbox"/> No
2. Chest Pain or Fainting Spells	<input type="checkbox"/> Yes <input type="checkbox"/> No	12. Uses a wheelchair	<input type="checkbox"/> Yes <input type="checkbox"/> No
3. Seizure/Epilepsy	<input type="checkbox"/> Yes <input type="checkbox"/> No	13. Allergy to the following (list specific)	<input type="checkbox"/> Yes <input type="checkbox"/> No
4. Diabetes	<input type="checkbox"/> Yes <input type="checkbox"/> No	Food: _____	
5. Down Syndrome	<input type="checkbox"/> Yes <input type="checkbox"/> No	Medicine _____	
(If YES) Have Cervical spine X-rays been done?	<input type="checkbox"/> Yes <input type="checkbox"/> No	Insect sting/bite _____	
(If YES) Presence of Atlanto Axial Instability?	<input type="checkbox"/> Yes <input type="checkbox"/> No	14. Tendency to bleed easily	<input type="checkbox"/> Yes <input type="checkbox"/> No
6. Family History of Heart Disease	<input type="checkbox"/> Yes <input type="checkbox"/> No	15. Emotional/psychiatric/behavioral problems	<input type="checkbox"/> Yes <input type="checkbox"/> No
7. Previous concussion or serious head injury	<input type="checkbox"/> Yes <input type="checkbox"/> No	16. Serious bone of joint disorder	<input type="checkbox"/> Yes <input type="checkbox"/> No
8. Major Surgery or Serious illness	<input type="checkbox"/> Yes <input type="checkbox"/> No	17. Sickle cell trait or disease	<input type="checkbox"/> Yes <input type="checkbox"/> No
9. Heat Stroke Exhaustion	<input type="checkbox"/> Yes <input type="checkbox"/> No	18. Immunizations (shots) are up-to-date	<input type="checkbox"/> Yes <input type="checkbox"/> No
10. Other problem that would interfere with sports participation? If YES, Please list in Comments.	<input type="checkbox"/> Yes <input type="checkbox"/> No	19. Date of last tetanus shot: _____	

Comments: \_\_\_\_\_

MEDICATIONS- Please print medication name, amount, date prescribed and number of times per day medication needs to be taken

Person completing form (normally parent/guardian or adult athlete) Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**If Health Information in Section A is completed by adult athlete-I have reviewed the health history with the athlete whose signature appears above.**

Signature: \_\_\_\_\_ Date: \_\_\_\_\_ Relationship to Athlete: \_\_\_\_\_

**IMPORTANT: If at any time there is any significant change in the athlete's health, the athlete's condition should be reviewed by a licensed examiner before further participation.**

## SECTION B – Parent/Guardian INFORMATION

Parents/Guardian Name \_\_\_\_\_ Phone 1: \_\_\_\_\_  
 Address (If different from athlete) \_\_\_\_\_ Phone 2: \_\_\_\_\_  
 Address 2 \_\_\_\_\_  
 City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ Email: \_\_\_\_\_

**To receive current Special Olympics information in an E-Newsletter, please list your email.**

Emergency Contact 1 (if other than parent/guardian) \_\_\_\_\_ Phone: \_\_\_\_\_  
 Emergency Contact 2 (if other than parent/guardian) \_\_\_\_\_ Phone: \_\_\_\_\_

## SECTION C – MEDICAL CERTIFICATION AND SIGNATURE

I have reviewed the above health information on and examined the athlete named in the application, and certify there is no medical evidence available to me which would preclude the athlete's participation in Special Olympics.

Restrictions/Comments: \_\_\_\_\_

Examiner's Signature: \_\_\_\_\_ DATE: \_\_\_\_\_

Examiners Name: (Print Clearly) \_\_\_\_\_

ADDRESS: \_\_\_\_\_ EMAIL: \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_ PHONE: \_\_\_\_\_

